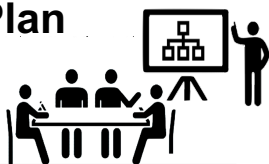| KPI 1	KPI 2	KPI 3	KPI 4

1. Link Team Roles With Strategic Plan

Activity: Round room discussion linking individual roles with the organisation's strategic plan.
Time Required: 5-10 min meeting/huddle

4. Sharing Your Update Tool
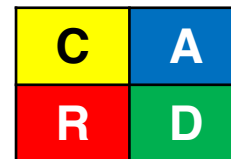
Activity: 2-3 min share per person of key highlights in Update Tool in groups of 3 or 4 at next team meeting or other scheduled time.
Time Required: 10 min groups of 3-4px

7. CARD Types & Team Profile

C A
R D

Activity: Refresher session on CARD Personality & Communication Model and update Team Profile.
Time Required: 10 min at next team meeting or scheduled time

10. Team Wellbeing Exercise

Activity: Select a meditation, relaxation, breathing or mindfulness exercise and complete within normal team activity.
Time Required: 10min (7min activity / 3min pair/share debrief)

2. 90 Day Sprint On Top Team Goal

Activity: Rank order goals in team Action Plan. Select top team goal and identify key milestones for the next 90-day sprint.
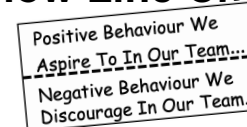*Time Required:* 10 min at next team meeting

5. Seeking Feedback 3 x 3

Activity: Each team member nominates 3 areas of focus and 3 people they will seek feedback from in the week/s ahead. Follow-up at next team meeting.
Time Required: 10 min (5m pair / 5m group)

8. Above & Below Line Chart Update

Positive Behaviour We Aspire To In Our Team...
Negative Behaviour We Discourage In Our Team...

Activity: Review and update team Above & Below the Line Chart and practice (Fishbowl) using the Calling Behavior Protocol on relevant scenario.
Time Required: 10 min at team meeting

11. Personal Achievement & Challenge

A personal achievement is... my personal challenge is...

Activity: Round room sharing of current personal achievement and challenges as an extended warm-up exercise at the start of meeting.
Time Required: 5-10 min meeting/huddle

3. Review Team Activity Cycle

Activity: Review each item of the team activity cycle and fine tune to maximise the benefits for each team member.
Time Required: 5-10 min meeting/huddle

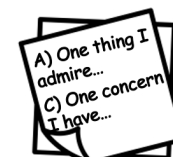## 6. Hot Issues Workout: Boosting Team Feedback

Hot Issues

Activity: Using the Hot Issues Protocol, triage a list of current challenges to boosting team feedback then 'workout' the top issue selected.
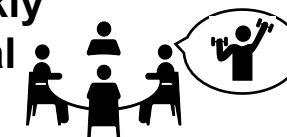*Time Required:* 10 min meeting/huddle

9. Post-It Notes: Admire/ Concern

A) One thing I admire...
C) One concern I have...

Activity: Each person writes 'one thing I admire' (A) & 'one concern I have for you' (C) on 1 x post it note per person and distributes for reflection.
Time Required: 5-10 min end of meeting

12. Set A Weekly Wellbeing Goal

Activity: Identify one positive wellbeing goal you will commit to each week and share it with your peers and then follow up on progress.
Time Required: 5-10 min meeting/huddle