

# Team Pulse

## Benchmarking Conversation

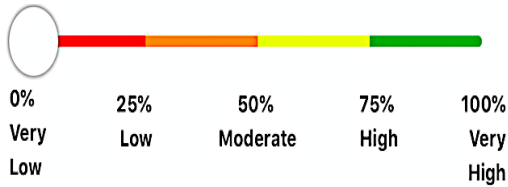
Team: \_\_\_\_\_

Date: \_\_\_\_\_

*Instructions: Reflect on each of the four Team Pulse Questions. Describe what 100% would look like and set some team goals....*

### 1. Job Satisfaction

Your level of achievement and satisfaction at work in the past week

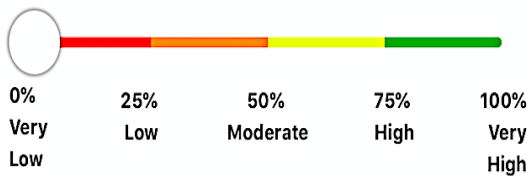


What would 100% look like for us as a team?

Our Team Goal for Job Satisfaction is....

### 2. Performance Feedback

Regularly giving and receiving feedback with co-workers in the past week

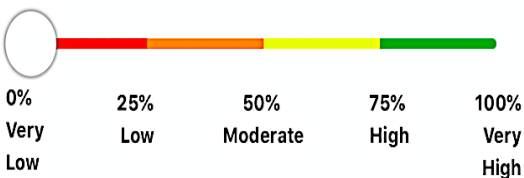


What would 100% look like for us as a team?

Our Team Goal for Performance Feedback is....

### 3. Peer Support

Communicating effectively and openly sharing with co-workers in the past week

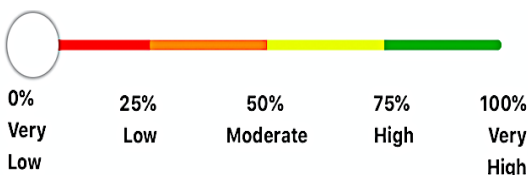


What would 100% look like for us as a team?

Our Team Goal for Peer Support is....

### 4. Work/Life & Wellbeing

Your level of satisfaction with your work/life and wellbeing in the past week



What would 100% look like for us as a team?

Our Team Goal for Work/Life & Wellbeing is....