



Lead

Y Chart Warm Up: Ideal Future State

Current State

Topic: _____ Today's Date: _____

Looks Like

Sounds Like

Feels Like

Ideal Future State

Topic: _____ Future Date: _____

Looks Like

Sounds Like

Feels Like

If you or your team are new to Y Charts a great introductory/ warm up activity people can do as individuals or in small groups is mapping their current vs ideal future state on a specific personal or professional topic of their choosing.

To run this warm up activity you simply draw up two Y charts – the first labelled 'Current State' and the second labelled 'Ideal Future State'. Next, write the topic of focus on the top of each worksheet and the current or future date (ie., 1,3 or 5 years time). Then spend 5 min completing each Y Chart followed by a 5min review noting the similarities and differences and priorities to focus on to progress to the 'Ideal Future State'.