

My Life Strategy Planner

Part 1. The Big Picture

Area & Legacy	Life Dreams	Goals (S=Stretch)
1. Play <i>He loved the outdoors and went on many great adventures!</i>	<ul style="list-style-type: none"> To travel the world, climb mountains and surf the oceans with family and friends 	<ul style="list-style-type: none"> Several weeks in Europe with family (5) Climb Mt Kilimanjaro, Kinabaly and Mt Kosciusko in one year (5) Complete Half Iron Man Triathlon (5) Weekend surf trips with family
2. Work <i>He was inspiring and challenged people to be their best!</i>	<ul style="list-style-type: none"> To be a part of an enduring company that helps others 	<ul style="list-style-type: none"> Join a company with aligned values Help build and grow the business Be a partner or owner (5)
3. Relationship <i>He loved his partner passionately and completely!</i>	<ul style="list-style-type: none"> Be in a wonderful loving relationship for the rest of my life 	<ul style="list-style-type: none"> Learn from past and profile my strengths and weaknesses Begin dating again Practice good boundaries and communication
4. Friends & Family <i>He was generous, supportive and available!</i>	<ul style="list-style-type: none"> Be a super cool dad to my children and have great adventure buddies and close family ties 	<ul style="list-style-type: none"> Work routine that gives me time with children after school and weekends Build a network of 5-7 close friends with outdoor interests Weekly dinners with extended family

Part II - Making It Happen!

Life Quadrant	Specific Goals	Strategies	Resources	Timeline	Support Networks	Setback Plans
1. Play	Climb the 'K' Mountains across the World (S)	<ul style="list-style-type: none"> Fitness - start weekly training program; Research - Best seasons to go and local guides; Recruit - friends to come along and share the experience. 	<ul style="list-style-type: none"> Money - Total budget \$30K Time - Book leave from work; Check travel, Visa and health insurances. 	<ul style="list-style-type: none"> 12 months: Kosciusko in Feb; Kilimanjaro in May; Kinabalu in Oct. Due dates for Visas, injections. 	<ul style="list-style-type: none"> Friends to train and go on adventures; Professional Guides for mountains; Travel agent for booking & permit; Mentors who know training and preparation 	<ul style="list-style-type: none"> Have travel insurance Medications for altitude sickness / acclimatize; Injuries - Avoid high risk sports prior, Money - have spare available if needed.
2. Work	Becoming a Partner in the Company (S)	<ul style="list-style-type: none"> Attend 95% of network meetings; Bring in 2 new jobs each month Complete KPI's; Get promoted to Senior Associate. 	<ul style="list-style-type: none"> Manage Time; Manage Diary; Industry updates; Referrer details; KPI work plan. 	<ul style="list-style-type: none"> Assess progress monthly; Complete KPIs within 6 months; Next promotion in 12 months. 	<ul style="list-style-type: none"> Talk to friends about how to succeed at work; Use mentors in the company to grow business; Professional coach to refine skills and business acumen. 	<ul style="list-style-type: none"> Delays in promotion - manage any setbacks by debriefing with mentors and professional coach Setbacks in growing business - use supports as per the above.
3. Relationship	Begin dating again	<ul style="list-style-type: none"> Seek advice from 5 friends on dating; Sign up to a dating website; Go on 3 coffee dates. 	<ul style="list-style-type: none"> Time; Internet; \$50 for dates. 	<ul style="list-style-type: none"> 2 weeks; 1 week; 1 month. 	<ul style="list-style-type: none"> Talk to friends about their experiences to help meet the right people; Life coach to review strengths and weaknesses and give feedback. 	<ul style="list-style-type: none"> Not meeting the right people - keep persevering and seek support from friends and adjust strategy and approach with life coach.
4. Family & Friends	Weekly dinners with extended family	<ul style="list-style-type: none"> Talk to parents to organise a suitable weekday; :Pre-book dates Start weekly dinners. 	<ul style="list-style-type: none"> Time; Diary; Meal plan; \$50 for meal. 	<ul style="list-style-type: none"> 1 week; 1 week 2 weeks. 	<ul style="list-style-type: none"> Friends and mentors to share recipe and tips for holding good dinner parties. 	<ul style="list-style-type: none"> Scheduling doesn't work and people can't make it regularly - broaden the list of people invited to include close family friends

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AREA & LEGACY	LIFE DREAMS	GOALS (S=STRETCH)
1. Play		
2. Work		
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4. Friends & Family		

PART 2. MAKING IT HAPPEN!

LIFE QUADRANT	SPECIFIC GOALS	STRATEGIES	RESOURCES	TIMELINE	SUPPORT NETWORKS	SETBACK PLANS
1. Play						
2. Work						
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